

# August is National Civility Month

Politeness and Chivalry are vital aspects of **Civility**. These aspects of civility allow us to make intimate connections and build relationships with one another. With Civility, we can create more friendships or allow workplaces and homes to become welcoming environments that everyone wants to be a part of. Commemorating Civility month is a reminder to respect one another. At our institutions, we interact with students from all walks of life, and become more diverse. People being civil to others is what makes the world a whole lot better and is the key focus of National Civility Month, which is held in this month of August.

The purpose of this holiday was founded to help us remember to treat others the way we wish to be treated ourselves — with kindness, empathy, and respect. As we are gaining a new understanding of ourselves and the environment around us, we are reaching out to people, sharing our love and care, and being civil to one another. We may still have a long way to go to become a world mostly free of incivility, and at least let this start with us.



## Ways to Observe National Civility Month

### 1. Practice civility ourselves

True change begins with us. So, remember to maintain civility in all interactions with other people. Spend time reflecting on your actions, noting how people reacted to them, and, figuring out how you can better yourself in this regard.

### 2. Influence others towards civility

Your civility can inspire others, too, like a ripple effect. Be the role model and the standard of decent human behavior, so others around you maintain the same levels of civility. If there is misbehavior in a meeting, call out that negative behavior and educate your employees about best civility practices.

### 3. Raise awareness about civility together

Talk to people around you about the importance of this day. You could also drive change by encouraging various officials to hold special events on civility awareness and training this month (or yearlong).

Reference:

National Holidays. (2022). <https://www.nationaldayarchives.com/day/national-emotional-civility-day/>

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